

## SOUP | SALAD

| Turtle Soup 8 | French Onion Soup 8 **Chef's Craft Soup 8** 

## **Grilled Chicken or Shrimp Caesar**

Salad or Wrap 15

beef tenderloin, Ahi tuna, or black skillet catch +3

### **Steak Frites Salad**

grilled beef tenderloin, rosemary truffle fries, bleu cheese, tomatoes, red onion, arugula, French vinaigrette, "the sauce" 18

## Blackened Shrimp or Chicken Cobb

bacon, boiled egg, tomato, bleu cheese, avocado, baby greens, Creole vinaigrette 16 beef tenderloin, Ahi tuna, or black skillet catch +3

## Chargrilled Chicken Wings

almonds, baby kale, red cabbage and carrots, honey sesame dressing 16

## Chicken or Shrimp Caprese

fresh mozzarella, tomato, avocado, yellow tomato vinaigrette 16

Ahi tuna or black skillet catch +3

## **Wedge Salad**

baby iceberg lettuce, bacon, double bleu cheese, sangria tomatoes, "everything topping", balsamic glaze 11 blackened shrimp or grilled chicken +6 beef tenderloin, Ahi tuna, or black skillet catch +9

## Tuna Poke Bowl or Nachos

edamame, avocado, smelt roe, cucumbers, red slaw, sweet chili ponzu, wasabi aioli 17

# HANDHELDS | ENTRÉES

**Beau Chêne Burger | Turkey Burger** ½ lb. fresh angus, dressed on grilled brioche with choice of cheese 14 Ahi tuna +2

Bang Bang Tacos (3) fried shrimp, creamy sweet chili sauce, red slaw, fresh carrots and herbs 16

Fried Chicken Sandwich

grilled brioche, house pickles, "the sauce" 13

corned beef, kraut, Swiss cheese, Russian dressing, grilled marble rye 15

bacon, lettuce, avocado, tomato on toasted wheat-berry bread 11

mayo, ham, turkey, bacon, Swiss, American, lettuce, tomato 15

## **Grown-Up Grilled Cheese**

Swiss, American, pepper-jack, sourdough, bistro salad, pomodoro dip 13

## **Hand Battered Chicken Tenders**

grilled garlic toast, "the sauce" 13

## **Chicken or Shrimp Quesadilla**

cheddar-jack, grilled onions and peppers, salsa, sour cream 15

## Above Items Served With Choice of Fries | Chateau Salad, Caesar or Fruit Cup +2

## **Charbroiled Catch**

lemon beurre blanc, grilled market veggies, fresh herb emulsion 18

## **Crawfish Ravioli**

Creole Monica sauce, mushrooms, savory Cajun cronuts, garden herb parmesan 19

## **Salmon Bowl**

fresh grilled salmon, crab salad, avocado, nori, crunchy Panko, jasmine sushi rice, Gochujang ponzu 19

## **Crispy Brussels Sprouts**

grilled shrimp, bacon, bleu cheese, sunflower seeds, raspberry pepper-jelly 16

#### Baby Back Ribs (Half Rack)

Korean barbeque, red slaw, fresh carrots and herbs, steamed jasmine rice 18

## **Hosie Bourgeois, Executive Chef | Daniel Bourgault, Sous Chef** Please notify your server of any dietary restrictions





## SOUP | SALAD

## Chef's Craft Soup 8 | Turtle Soup 8 | French Onion Soup 8

## Caesar Salad or Chateau Salad

small 7 | large 9

blackened shrimp or grilled chicken +6 beef tenderloin, Ahi tuna, or black skillet catch +9

## **Steak Frites Salad**

grilled beef tenderloin, rosemary truffle fries, bleu cheese, tomatoes, red onion, arugula, French vinaigrette, "the sauce" 18

## Fit

## **Chicken or Shrimp Caprese**

fresh mozzarella, tomato, avocado, yellow tomato vinaigrette 16

Ahi tuna or black skillet catch +3

## **Wedge Salad**

baby iceberg lettuce, bacon, double bleu cheese, sangria tomatoes, "everything topping", balsamic glaze 11 blackened shrimp or grilled chicken +6 beef tenderloin, Ahi tuna, or black skillet catch +9

## APPETIZERS | PASS-AROUNDS

## **Eggplant Frites**

lemon garlic aioli, pomodoro sauce, red pepper parmesan 11

## **Baby Back Ribs (Half Rack)**

Korean barbeque, red slaw, fresh carrots and herbs 16

## **Bang Bang Shrimp**

seaweed salad, creamy Sriracha sauce 13

## **Chargrilled Chicken Wings**

almonds, baby kale, red cabbage and carrots, honey sesame sauce 16

## **Crispy Brussels Sprouts**

grilled shrimp, bacon, bleu cheese, sunflower seeds, raspberry pepper-jelly 16

#### Eat Fit

## Tuna Poke Bowl or Nachos

edamame, avocado, smelt roe, cucumbers, red slaw, sweet chili ponzu, wasabi aioli 17

## **ENTRÉES**

#### **Fresh Catch Meuniere**

topped with shrimp and lump crabmeat, lemon wine butter 26

## **Chicken Piccata**

lemon caper butter, angel hair pasta 19

## 8oz Beau Filet or 6oz Filet with Grilled Shrimp

garlic demi-butter 34

## **Above Entrees Served With Starch & Market Vegetable**

## The Big Bad Wolf

no little piggies here, just Big pork and a Bold flavor, Changes Weekly (Ask your Server)

## **Charbroiled Catch**

lemon beurre blanc, grilled market veggies, fresh herb emulsion 18

### **Crawfish Ravioli**

Creole Monica sauce, mushrooms, savory Cajun cronuts, garden herb parmesan 19

#### Salmon Bowl

fresh grilled salmon, crab salad, avocado, nori, crunchy Panko, jasmine sushi rice, Gochujang ponzu 19

## **Seafood Pasta Riviera**

shrimp, crabmeat, angel hair, artichoke, sun-dried tomatoes, mushrooms, garlic butter sauce, arugula, olive misto 21

#### **Chicken Parmesan**

paneed chicken breasts, provolone & mozzarella, pomodoro sauce, angel hair pasta 19

## **Beau Chêne Burger**

½ lb. fresh angus, dressed on grilled brioche with choice of cheese and fries 14 **Ahi tuna +2** 

# Hosie Bourgeois, Executive Chef | Daniel Bourgault, Sous Chef Please notify your server of any dietary restrictions



**Eat Fit Northshore** items meet nutritional criteria designated by Ochsner Health System in partnership with St. Tammany Parish Hospital. Visit EatFitNorthshore.com + Download Eat Fit app for nutrition facts.

# unday Brunch Beau Chêne Country Club

## SOUP | SALAD

## BITES

15

12

16

Chef's Craft Soup	8
Turtle Soup	8

# small 7 | large 9

11

16

## **Caesar Salad** blackened shrimp or grilled chicken +6 Ahi tuna, or black skillet catch +9

# Wedge Salad

baby iceberg lettuce, bacon, double bleu cheese, sangria tomatoes, "everything topping", balsamic glaze.

blackened shrimp or grilled chicken +6 Ahi tuna, or black skillet catch +9

## **Chicken or Shrimp Caprese**

fresh mozzarella, tomato, avocado, yellow tomato vinaigrette

Ahi tuna or black skillet catch +3

## **Crawfish Cronuts (6)**

croissant beignets, Creole Monica sauce, fresh herbs

## **Louisiana Cronuts (6)**

croissant beignets, local honey, pecan praline dust

## **Crispy Brussel Sprouts**

grilled shrimp, bacon, bleu cheese, sunflower seeds, raspberry pepper-jelly

## ENTREES

#### The Classic

two eggs, grits, fried potatoes, bacon, sausage – no substitutions

## The Big Easy

Creole grillades and grits, two eggs 15

#### **The Club Fit**

egg white omelet, market veggies, feta, arugula, charbroiled tomatoes

## The Benedict

grilled ham, poached eggs, toasted English muffin, Hollandaise sauce, fried potatoes

## **Baby Back Ribs (Half Rack)**

Korean barbeque, red slaw, fresh carrots and herbs, steamed jasmine rice 18

## **The Pacific**

grilled salmon, two eggs, dill Hollandaise, fried potatoes 17

#### The Cali

Belgian waffle, hand-battered chicken tenders, maple butter, two eggs

## **Hand Battered Chicken Tenders**

grilled garlic toast, "the sauce" 13

## SANDWICHES

bacon, lettuce, avocado, tomato, toasted wheat berry bread

## **Beau Chêne Burger**

½ lb. fresh Angus, dressed on grilled brioche with choice of cheese 14

## DRINKS

## COCKTAILS

Coffee	2.50	<b>Bottomless Mimosa</b>	10
Iced Coffee	4	<b>Bloody Mary</b>	8
Chocolate Milk	4	<b>Beau Chene Coffee</b>	10
Juice / Milk	3.50	<b>Brandy Milk Punch</b>	8
		Draft Beer	4